



Guide to using PrescQIPP Self Care infographics

- Access the Self Care resources on PrescQIPP here [Self care](#)
- Choose Self-care dynamic infographics from the drop-down list
- A list of available posters will be shown
 - [General poster](#)
 - [Summer health poster](#)
 - [Pain and fever poster](#)
 - [Coughs and colds poster](#)
 - [Mild skin conditions poster](#)
 - [Healthy eating \(probiotics and vitamins\) poster](#)
- Choose one and then choose Selectors which will allow you to select which Place, PCN or Practice data you wish to use. The option for ICB still requests it

be broken down into Place.

Introduction	Selectors	Poster - portrait	Poster - landscape	Metadata	
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Please make your selections below:

Who is this poster being created for?

- ☐ Integrated Care Board
- ☐ Location
- ☐ PCN
- ☒ Practice

Show old boundaries:

No - current locations only

Select location:

(If above has been set as PCN or Practice, select your location here first. Otherwise leave as (All) and move to next selection).

NHS SOUTH YORKSHIRE ICB - 02X

Select name to show on poster:

GREAT NORTH MEDICAL GROUP

- Once location details have been completed, select Poster in either portrait or landscape

Introduction	Selectors	Poster - portrait	Poster - landscape	Metadata	
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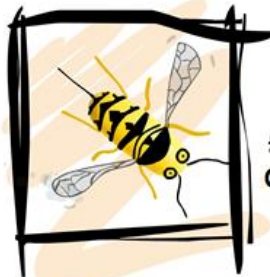
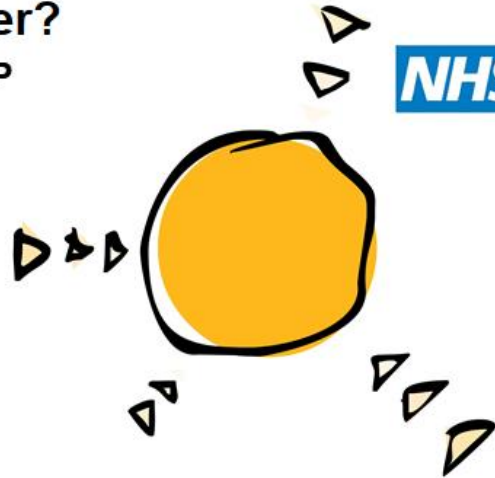
- Your poster will produce

Are you ready for summer?

GREAT NORTH MEDICAL GROUP
SPENT...



£2,363
On sunburn and
sun protection.



£6
On insect bites and stings.

Over the last year we spent
£11,346 on treatments for
summer health for which a
prescription is not needed.



£1,734
On travel sickness.



£7,243
On mild hayfever.

Choose self care.

Speak to your
pharmacist for help
and advice on
managing your
summer health
symptoms.

