



## Doncaster Place and Bassetlaw Place Medicines Optimisation Bulletin

October 2025

Useful hyperlinks for Medicines Optimisation To open Press control and click the link below

[South Yorkshire Central ICB Medicines Optimisation Website.](#)

MPD

South Yorkshire Medicines Optimisation Team SY MOT : [syicb-sheffield.syicb.medsopt1@nhs.net](mailto:syicb-sheffield.syicb.medsopt1@nhs.net)

### Hot off the Press Updated Guidance

- Vitamin D guidance for children and young people  
[Click here](#)
- How to Guide for Recording medication prescribed elsewhere on your clinical system  
[Click here](#)
- Ocular lubricant guidance  
[Click Here](#)

All documents are available on website and MPD

### Primary InSYghts Portal

The Primary InSYghts Portal has **self-care and OTC** information for prescribers and can help with the DIBS work streams.

You can access the portal with your **NHS email** by clicking the link below  
[Primary Care InSYghts Portal](#)

### Important news on Rybelsus (oral semaglutide) and the introduction of the second-generation formulation

**For information only : please await further advice from the MO team.**

Novo Nordisk will be replacing the first-generation formulation **3 mg, 7 mg, 14 mg** of Rybelsus with the second-generation formulation **1.5 mg, 4 mg, 9 mg**.

This second-generation formulation has increased bioavailability resulting in lower doses to attain the same drug exposure.

There may be a risk of medication error during this transition as the two formulations will temporarily co-exist on the market, which may cause confusion when prescribing and dispensing, and could result in overdosing, which increases the risk of gastrointestinal adverse events e.g. nausea, vomiting and diarrhoea.

Community Pharmacy, Hospital Pharmacy and the SY ICB MO team are working closely to prevent any dispensing errors during the transitional period. The first-generation formulation will be removed from the clinical systems and stock removed from shelves in community pharmacy and in hospital pharmacy once the second-generation stock is available to order. This should prevent both formulations being available at the same time.

**Future Action Plan when the new formulation is available on clinical systems:-**

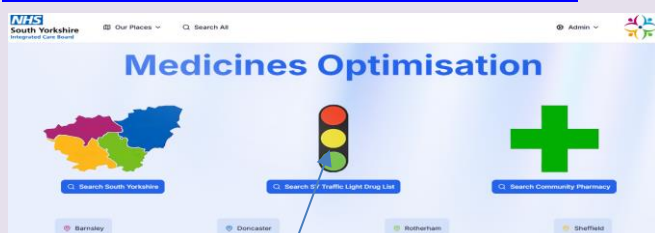
- **Patients currently taking Rybelsus** should be informed and advised about the change in formulation and dose when the new formulation is available on the clinical systems and will be prescribed and dispensed for the first time.
- **New patients starting Rybelsus** treatment should be prescribed the second-generation formulation and be suitably informed by the prescriber or pharmacist.

**For more information**

- Health professionals : Further information : [Document click here](#)
- Patient leaflet : further information : [Document click here](#)
- To contact the SYICB Medicines Optimisation Team, email : [syicb-sheffield.syicb.medsopt1@nhs.net](mailto:syicb-sheffield.syicb.medsopt1@nhs.net)

### South Yorkshire Central ICB Medicines Optimisation Website.

<https://mot.southyorkshire.icb.nhs.uk>



1. Click on the Traffic Lights on the new website.
2. Hover your mouse over the spreadsheet.
3. Click the keys **Ctrl & F** on your keyboard.

The Traffic Light System is still also available on the [MPD](#) in Doncaster

### The Traffic Light System and how to search for a drug

4. Type in the drug you are looking for.
5. The drug you have searched will be highlighted along with any guidance.



### Formulary updates October 2025

The following items will be added/amended on the [MPD](#)

Formulary Section	Item	Indication	PMOC Action
13.6.3	Ivermectin cream	Rosacea	Green 2 <sup>nd</sup> line
13.6.3	metronidazole cream/gel 0.75%	Rosacea	Green 2 <sup>nd</sup> line
13.6.3	Brimonidine Gel	Rosacea	Green Non-formulary
6.1.6	*CGM CareSens air	CGM glucose monitoring Device	Amber-G as appropriate choice alongside Freestyle Libre 2+ and Dexcom One +
6.4.1.2	Dydrogesterone (new formulation with new indication)	For women with progesterone insufficiencies & HRT	Green Non-formulary
-	Misoprostol	Multiple Traffic Light Status depending on Indication	Check MPD for indication
10.1.1	Meloxicam	NSAID	Green Non-formulary
4.3.4	Venlafaxine XL	Depression-Major, Generalised anxiety disorder	Prescribe by BRAND VENCARM as cost effective choice
11.8.1	Hypromellose 0.3% 0.4ml unit dose preservative-free eye drops.	Dry Eyes	Evolve Brand discontinued –Prescribers are advised to prescribe generically on MPD and guidance amended to reflect this change.

### Optimise Rx : Rejecting a prompt ?

#### Helpful reminder :

If a prescribing suggestion is made via OptimiseRx and you choose to reject the message, **please enter a reason**.

All responses are reviewed by the Medicines Optimisation Team to help ensure future messages are clinically relevant and tailored to your prescribing needs. This enables us to provide support for safer, more effective prescribing. Your feedback also contributes towards achieving your **DIBS target**.

#### Antibiotic duration reminder:

**For most common infections, including respiratory tract infections, a 5-day course of amoxicillin or doxycycline is recommended. Longer courses are rarely needed and increase the risk of antimicrobial resistance.**



*Got a spare 2 minutes? Like what you see? Want to hear more from Medicines Optimisation? We need your feedback on the MO bulletin. Use the QR code opposite or follow the link: <https://forms.office.com/e/A21uYN9JJb>*

### World Antibiotic Awareness Week 18-25 Nov 2025

Infections are now the 2nd biggest cause of death behind cardiovascular disease in the UK now. Antibiotics have reduced mortality from pneumonia to about a third and have increased life expectancy between 8 – 20 years especially in prematurity, older age and conditions that require complex surgery, transplantations or cancer chemotherapy. However, AMR is growing and threatening modern medicine. In 2021, there were 7500 deaths directly attributable to AMR in the UK, and resistance is growing at over 3% per year. AMR is driven by antimicrobial use including appropriate use and increases by 3% per day of antibiotic use. In general practice, the use of clinical scoring tools can allow watchful waiting or delayed prescriptions. Using the shortest effective course of the narrowest spectrum (Access) antibiotic will minimise AMR.

Guidance and TARGET toolkit for prescribers:  
[NICE/UKHSA Summary of antimicrobial prescribing guidance](#)  
[Course: TARGET antibiotics toolkit hub | RCGP Learning](#)

For the latest Out of Stock information Refer to your regular emails from medicines management Admin emails.

**Contact us : South Yorkshire ICB Medicines Optimisation Team.**

Phone: 03000 213394

E-mail: [syicb-sheffield.syicb.medsopt1@nhs.net](mailto:syicb-sheffield.syicb.medsopt1@nhs.net)